



THE BUSH CLUB INC.

Sign On Form for Club Activities Overseas - Example

[Insert here the name of the activity]

Describe here the nature of the activities – giving an indication of the terrain, distance and degree of difficulty. If there is an accepted grading for the walk from Guide Books or local clubs include it here.

[Sample: Walks will be planned on a daily basis taking into account the weather forecast for the day, the capability of the walking group and the desirability to experience a wide range of scenery. No independent grading of the walks is available but they will all be single day walks of easy to medium grade of difficulty requiring a reasonable but not high level of fitness. Walks will be on roads, pathways and tracks through the mountain countryside and may go as high as approximately 1200m and will be led by Bush Club members. One day will be taken with touring some of the nearby villages and places of interest using the vehicles that will be available to the group. Each night will be spent in the farmhouse "Etxexuria" situated in the Lantabat Valley Hospital, medical and dental services are available at St Palais, 15kms away.

Acknowledgement of risk

In voluntarily participating in the above activity, I am aware that I am risking injury, illness and death, and loss of or damage to my property. Typical risks may include but are not limited to hyperthermia, hypothermia, slipping on loose or icy surfaces, slipping on rocks, falling rocks, exposure, snake bite, bee stings and other insect attacks, burns, drownings, stepping into unseen holes, accidents during vehicle travel to walks, navigation errors and becoming lost. To minimise risks I will: • **inform myself of the nature of the activity and ensure that it is within my capabilities;** • **carry food, water, medication, clothing and equipment appropriate for the activity;** • **advise the leader of any physical or other limitation, or any dependence on medication, that may require urgent attention during the activity;** • **make every effort to remain with the rest of the party during the activity;** • **will advise the leader of any concerns I am having;** and • **comply with all reasonable instructions of the leader.** I understand these risks and requirements. If a temporary member, in signing this form I acknowledge that I have been granted temporary membership of the above named club.

* This AoR will cover Full Members, Prospective Members and Guests. A 'Temporary Members' is a Prospective or a Guest under Bushwalking NSW guidelines. In the Member column below, indicate if you are a full (F) or prospective (P) member, or a guest (G).

Emergency contact numbers

In the event of the need to contact someone in Australia on my behalf, you should endeavour to contact the following people in the order as below:

	Name of contact	Phone number(s)	Relationship, if any

Responsibility for Medical Insurance

I acknowledge that the personal accident insurance policy of the Bush Club does not provide any cover outside Australia, and that each participant must arrange their own travel insurance. (In some places, medical treatment may not be provided unless evidence of insurance can be provided).

I have taken out travel insurance appropriate for this activity which includes cover for medical expenses (including evacuation), accidental death and disability, and liability.

Name of insurer	Policy No/Expiry date	Assistance contact no.

My signature below indicates that I have read, understood and accepted these disclosures and requirements.

Name **Signature and date**