

THE BUSH CLUB Inc.
SIGN ON FORM FOR CLUB ACTIVITIES OVERSEAS

[Insert here the name of the activity] eg Walking in the Western Pyrenees

Describe here the nature of the activities – giving an indication of the terrain, distance and degree of difficulty. If there is an accepted grading for the walk from Guide Books or local clubs include it here.

[Sample:

Walks will be planned on a daily basis taking into account the weather forecast for the day, the capability of the walking group and the desirability to experience a wide range of scenery. No independent grading of the walks is available but they will all be single day walks of easy to medium grade of difficulty requiring a reasonable but not high level of fitness. Walks will be on roads, pathways and tracks through the mountain countryside and may go as high as approximately 1200m and will be led by Bush Club members. One day will be taken with touring some of the nearby villages and places of interest using the vehicles that will be available to the group.

Each night will be spent in the farmhouse "Etxexuria" situated in the Lantabat Valley Hospital, medical and dental services are available at St Palais, 15kms away.

Acknowledgement of risk

In participating in this activity of the Bush Club, I am aware that this may expose me to risks that could lead to injury, illness, death, or to the loss of or damage to my property. To minimise these risks, I have endeavoured to ensure that this activity is within my capabilities. I understand that I need to carry food, water and equipment appropriate for the activity. I have advised the activity leader if I am taking any medication or have any physical or other limitation that may affect my participation in the activity. The leaders may not have walked these trails before and, even with thorough preparation, there may be risks associated with it which have not been anticipated.

Emergency contact numbers

In the event of the need to contact someone in Australia on my behalf, you should endeavour to contact the following people in the order as below:

	Name of contact	Phone number(s)	Relationship, if any

Responsibility for Medical Insurance

I acknowledge that the personal accident insurance policy of the Bush Club does not provide any cover outside Australia, and that each participant must arrange their own travel insurance. (In some places, medical treatment may not be provided unless evidence of insurance can be provided).

I have taken out travel insurance appropriate for this activity which includes cover for medical expenses (including evacuation), accidental death and disability, and liability.

Name of insurer	Policy No/Expiry date	Assistance contact no.

My signature below indicates that I have read, understood and accepted these disclosures and requirements.

Name

Signature and date.....